

AFSC 2024 Synchronized Unofficial Practices

Tuesday 26th November	
Time	Henke Rink
6.00	
6.15	
6.30	
6.45	
7.00	
7.15	
7.30	
7.45	
8.00	
8.15	
8.30	
8.45	
9.00	
9.15	
9.30	
9.45	
10.00	
10.15	
10.30	
10.45	
11.00	
11.15	
11.30	
11.45	
12.00	
12.15	
12.30	
12.45	Adelaide Ice Magic
1.00	Adelaide Ice Magic
1.15	Adelaide Ice Magic
1.30	Adelaide Ice Magic
1.45	Adelaide Ice Magic
2.00	Adelaide Ice Magic
2.15	Adelaide Ice Magic
2.30	Adelaide Ice Magic
2.45	Ice Resurface
3.00	QSIC
3.15	QSIC
3.30	QSIC
3.45	QSIC
4.00	QSIC
4.15	QSIC
4.30	QSIC
4.45	QSIC
5.00	end
5.15	
5.30	
5.45	
6.00	
6.15	
6.30	
6.45	
7.00	
7.15	
7.30	
7.45	
8.00	
8.15	
8.30	
8.45	
9.00	
9.15	
9.30	
9.45	
10.00	
10.15	
10.30	
10.45	

Wednesday 27th November		
Time	Henke Rink	Time Bradbury Rink
6.00		6.00
6.15		6.15
6.30		6.30
6.45		6.45
7.00	Ice Magic	7.00
7.15	Ice Magic	7.15
7.30	Ice Magic	7.30
7.45	Ice Magic	7.45
8.00	Ice Magic	8.00
8.15	Ice Magic	8.15
8.30	Ice Magic	8.30
8.45	Ice Magic	8.45
9.00		9.00
9.15		9.15
9.30		9.30
9.45		9.45
10.00		10.00
10.15		10.15
10.30		10.30
10.45		10.45
11.00		11.00
11.15		11.15
11.30		11.30
11.45	Ice Magic	11.45
12.00	Ice Magic	12.00
12.15	Ice Magic	12.15
12.30	Ice Magic	12.30
12.45	Ice Magic	12.45
1.00	Ice Magic	1.00
1.15	Ice Resurface	1.15
1.30	QSIC	1.30
1.45	QSIC	1.45
2.00	QSIC	2.00
2.15	QSIC	2.15
2.30	QSIC	2.30
2.45	Ice resurface	2.45
3.00	Southern Sky	3.00
3.15	Southern Sky	3.15
3.30	Southern Sky	3.30
3.45	Southern Sky	3.45
4.00	Southern Sky	4.00
4.15	Southern Sky	4.15
4.30	end	4.30
4.45		4.45
5.00		5.00
5.15		5.15
5.30		5.30
5.45		5.45
6.00		6.00
6.15		6.15
6.30		6.30
6.45		6.45
7.00		7.00
7.15		7.15 Jitterbugs (20min)
7.30		7.35 Bees (20min)
7.45		7.55 Infusion Jnr (20min)
8.00		8.15 end
8.15		8.30
8.30		8.45
8.45		9.00
9.00		9.15
9.15		9.30
9.30		9.45 Infusion (20min)
9.45		10.05 Cohesion (20min)
10.00		10.25 Cohesion Adv (20min)
10.15		10.45 end
10.30		
10.45		

Thursday 28th November		
Time	Henke Rink	Time Bradbury Rink
6.00		6.00
6.15		6.15
6.30		6.30
6.45		6.45
7.00		7.00
7.15		7.15
7.30		7.30
7.45		7.45
8.00		8.00
8.15		8.15
8.30		8.30
8.45		8.45
9.00		9.00
9.15		9.15
9.30		9.30
9.45		9.45
10.00		10.00
10.15		10.15
10.30		10.30
10.45		10.45
11.00		11.00
11.15		11.15
11.30		11.30
11.45		11.45
12.00		12.00
12.15		12.15
12.30		12.30
12.45		12.45
1.00		1.00
1.15		1.15
1.30		1.30
1.45		1.45
2.00		2.00
2.15		2.15
2.30		2.30
2.45		2.45
3.00	Majestic Ice	3.00
3.15	Majestic Ice	3.15
3.30	Majestic Ice	3.30
3.45	Majestic Ice	3.45 Phoenix
4.00	Majestic Ice	4.00 Phoenix
4.15	Majestic Ice	4.15 Aquila
4.30	Majestic Ice	4.30 Aquila
4.45	Majestic Ice	4.45 Equinox
5.00	ice resurface	5.00 Equinox
5.15	QSIC	5.15 ice resurface
5.30	QSIC	5.30 Bees & Jitterbugs
5.45	QSIC	5.45 Bees & Jitterbugs
6.00	QSIC	6.00 Vic Synchro
6.15	QSIC	6.15 Vic Synchro
6.30	QSIC	6.30 Vic Synchro
6.45	QSIC	6.45 end
7.00	QSIC	7.00
7.15	ice resurface	7.15
7.30	Southern Sky	7.30
7.45	Southern Sky	7.45
8.00	Southern Sky	8.00
8.15	Southern Sky	8.15
8.30	Ice Reflections	8.30
8.45	Ice Reflections	8.45
9.00	Cohesion WA	9.00
9.15	Cohesion WA	9.15
9.30	ice resurface	9.30
9.45	WA Infusion & Jnr	9.45
10.00	WA Infusion & Jnr	10.00
10.15	WA Infusion & Jnr	10.15
10.30	Ice Magic	10.30
10.45	Ice Magic	10.45
11.00	end	11.00